

ULTIMATE OUTDOOR FITNESS SOURCE BOOK











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LLBS OUT BOOK number nossible

As we do our utmost to serve the greatest number possible, to most fully enhance quality of life and promote health in our communities, one thing is clear: there is no one-size-fits-all approach to fitness. Our communities are diverse and the needs far-ranging ... therefore the solutions should be anything but cookie-cutter.

From its very inception, Greenfields Outdoor Fitness has pursued the goal of bringing fitness to both novices and the advanced in an environment that everyone can access: the great outdoors. This first took the form and the advanced in an environment that everyone can access: the great outdoors. This first took the form the advanced in an environment that everyone can access: the great outdoors. This first took the form and the advanced in accessible units. Today, Greenfields' vast array of exercise options is unequalled by anyone of body-weight resistance units. Today, Greenfields' vast array of exercise options is unequalled by anyone of body-weight resistance units. Today, Greenfields of apparatuses. Especially for those with mobility of superiorizing array of apparatuses. Especially for those with mobility of apparatuses. Especially for those with mobility of apparatuses. From the original Signature of body-weight resistance of and truly exciting array of apparatuses. Especially for those with mobility of apparatuses. From the original Signature of apparatuses, of apparatuses, and truly exciting array of apparatuses. Especially for those with mobility and the original Signature of apparatuses. Especially for those with mobility and the original Signature of apparatuses. Especially for those with mobility and the original Signature of apparatuses. Especially for those with mobility of apparatuses. Especially

To meet the needs of and provide a challenge to the advanced user, Greenfields recently debuted new Functional Fitness options in the form of the X-Rig and the enhanced Functional Fitness Rig. The X-Rig Functional Fitness options in the form of the X-Rig and the enhanced Functional Fitness Rig Functional Fitness Rig brings all the versatility of suspension training to the outdoor space, while the Functional Fitness Rig brings all the versatility of suspension training outdoor training experience yet.

These recent additions to Greenfields' product line, combined with the Professional Series with adjustable resistance, and the tried-and-true Professional Series with adjustable resistance, and the tried-and-true Legacy Series enjoyed across the U.S. and beyond, continue to push the limits of the outdoor fitness experience. In addition, Greenfields' personalized approach to outdoor fitness takes into account each community's unique aspects, tailoring the gyms specifically for each project so that everyone – young and old, novice and advanced – can enjoy fitness together in the fresh air.

As you peruse the following pages, we invite you to explore the many ways in which you can bring the outdoor fitness experience to your community. Though our primary mission remains the same – "Promoting Wellness and Fighting Obesity one Community at a Time" – we have found that as we do this, we can work toward a second goal as well that of bringing people together. It's a dual mission we've been privileged to pursue.

We hope you'll join us.







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ULTIMATE OUTBOOR FITNESS SOURCEBOOK



Greenfields Outdoor Fitness. **SIMMS PARK BELLFLOWER, CA** Now better than ever! Greenfields' cutting-edge Professional Series line, recently upgraded with a wider-range piston, delivers a challenge even to advanced users! The 18 adjustable units – many of which are installed at Simms Park – provide intense strengthening and cardio workouts. **SCAN FOR A VIDEO OF THIS PROJECT! Greenfields Outdoor Fitness** | www.greenfieldsfitness.com | 888-315-9037









LEMON PARK FULLERTON, CA

Give parents an excellent way to fit in a workout – all while keeping an eye on the kids. Greenfields' Professional Series uses bi-directional pistons, eliminating the risk of recoil should young park visitors try out the equipment. It's the perfect accompaniment to playgrounds, and a vital amenity for families visiting their neighborhood parks.







NORTHWEST SCHOOL OF THE ARTS CHARLOTTE, NC

Teens love to socialize, so what better way to make exercise more enjoyable than to work out on fun, multi-user units outside! Outdoor fitness equipment is ideal for P.E. classes, as it is more inviting to students who feel intimidated by traditional sports. The gyms can also be used by the community after hours via joint-use agreements with cities or park districts.

SCAN FOR A VIDEO OF THIS PROJECT!







FERGUSON COMMUNITY CENTER FERGUSON, MO

Bring communities together with Greenfields! The unique design of the exercise units – many of which accommodate two to four people – foster socialization and enhance social capital.









< HOFFMAN PARK</p> BUTTERFIELD PARK DISTRICT, LOMBARD, IL

Built to last: Greenfields' equipment is designed to withstand sun, rain, and snow. From Alaska to Miami, Greenfields' exercise units have stood the test of time in both harsh climates and rugged, inner-city environments.

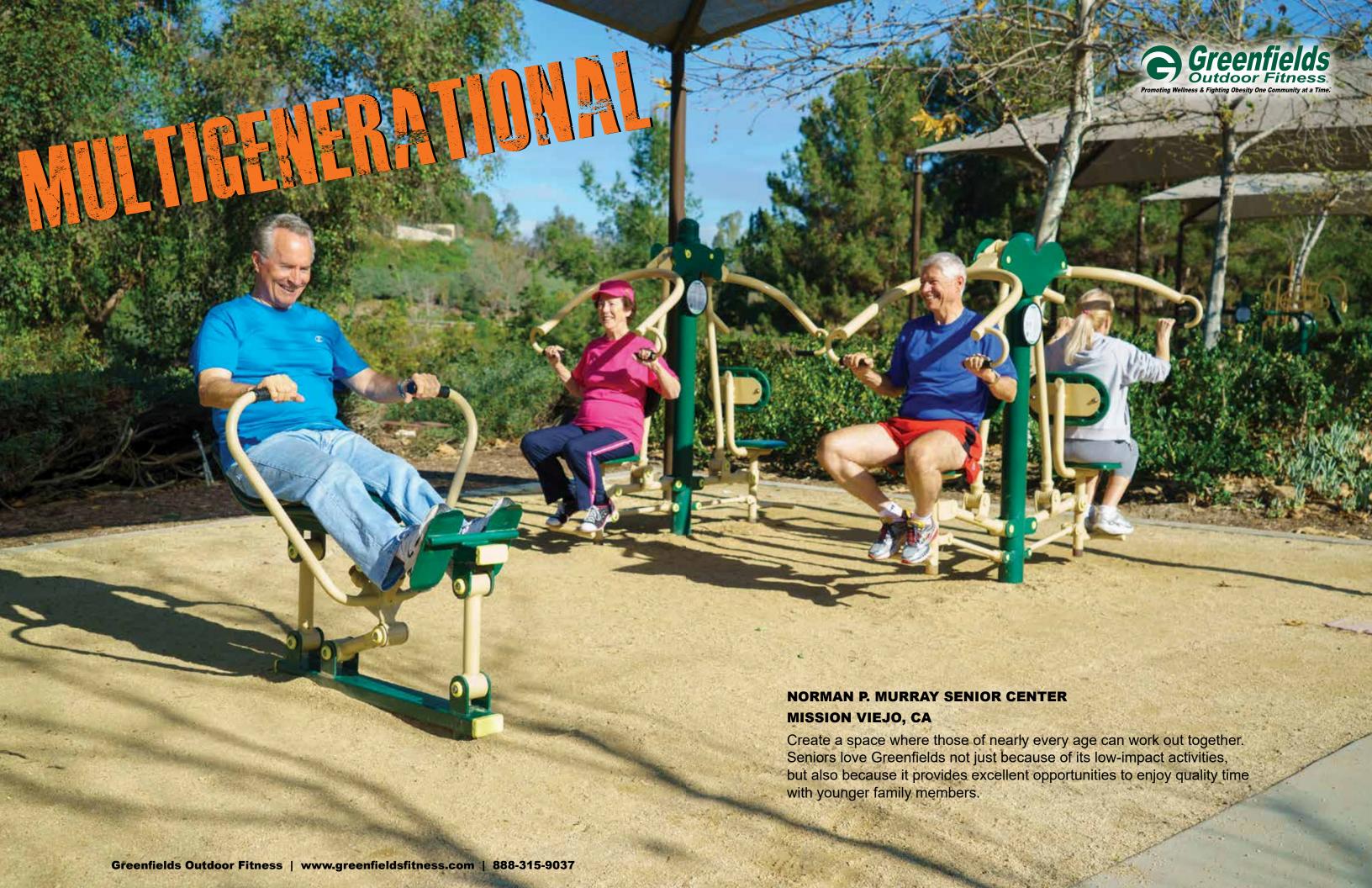
CARTHAGE MEMORIAL HOSPITAL > CARTHAGE, IL

A shelter covering the fitness equipment allows for exercise during rainy days. The outdoor fitness area earned the hospital the Innovation of the Year award from the Illinois Critical Access Hospital Network. The hospital has aggressively pushed usership of the fitness equipment, holding classes at the outdoor gym and creating contests that encourage people to frequent the area.





















HINOJOSA PARK BRAWLEY, CA Everyone can work out together at this unique park in Brawley. Of the eleven exercise stations, six are intended for wheelchair users. Learn more about Greenfields' inclusive Signature Accessible™ fitness equipment on pages 117-126. Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037



Multigenerational, social, and accessible, Greenfields equipment is the perfect enhancement for parks of all sizes. With Greenfields you can provide workout opportunities for parents while children attend sports practices ... give athletes a ready-made warmup venue ... and invite underserved demographics into green spaces.











Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037







Enhance any waterfront with an outdoor gym! Greenfields' equipment is an excellent addition to a lakeside trail or recreational area, providing activities that family members and friends can participate in together.

Accessible, low-impact, and free to use, outdoor gyms are the ideal way to keep adults active well into their golden years. But Greenfields' gyms aren't limited to seniors – their multigenerational appeal means that grandparents can stay fit while spending time with friends and family of ALL ages.

Greenfields
Outdoor Fitness.
Promoting Wellness & Fighting Obesity One Community at a Time:





The epitome of convenience! Outdoor gyms along busy urban thoroughfares provide an incredibly easy workout option for commuters driving home.

RIARSINES



SPECIAL OPPORTUNITY!

Applications are now being accepted for the





Make exercise something students enjoy! Less intimidating than competition sports, outdoor gyms provide a way for students to enhance their physical fitness in a fun, social environment. Schools with ROTC and JROTC programs can use outdoor fitness equipment for training and physical conditioning. And by designating gyms as joint-use areas, the rest of the community can enjoy the fitness equipment outside of school hours.

Greenfields' SCHOOL INCENTIVE PROGRAM provides matching grants of up to 50% for outdoor fitness equipment purchases! All public & private schools, colleges, and universities eligible. Municipalities & counties eligible to apply for joint use area projects!

SEE how to utiliize Greenfields' fitness equipment in P.E. classes - view the video demos at greenfieldsfitness.com/school-fitness-demos

CHOOSE one of our school fitness packages at greenfieldsfitness.com/school-fitnesspackages - or let us help you customize one!

APPLY for the School Incentive Program at **GreenfieldsFitness.com/SIP**



Limited number of grants available! For more info:

SIP@GreenfieldsFitness.com or call 888.315.9037 x123







Greenfields' military line is

- Hot Galvanized
- **Powder Coated**
- **Proudly MADE IN THE USA**



Greenfields Outdoor Fitness.

Proudly enhancing physical fitness in America's armed forces:

U.S.ARMY

USMC

Also FBI!



ULTIMATE OUTDOOR FITNESS SOURCEBO



Greenfields Outdoor Fitness offers a variety of rugged, all-weather units for intense combat training. Greenfields is used by troops on bases across the U.S. and worldwide. Customization is available - call for details.



The physical and

exercise are especially helpful to those facing

wheelchair

staff members.

psychological benefits of outdoor

long-term hospital stays. Greenfields'

accessible units are particularly wellsuited to this application. Trails and clusters on hospital grounds can serve patients, families, visitors, and GSA Contract Holder #GS-03F-086GA, SIN #192 08



We can meet the individual needs of your base or unit with equipment designed to your specifications. Contact













NAVAL HOSPITAL

Don't forget the details! Greenfields Outdoor Fitness is your one-stop shop for nearly any amenity to complement an outdoor gym. We can help with ...

- Shade structures
- Benches
- Bike racks
- Trash receptacles

... and more! Call us at 888-315-9037 and we'll help you put together a complete package your entire community will love.





Greenfields strongly recommends including standalone safety signage with each project.
Signage limits liability, denotes age appropriate usage, and can be used to acknowledge donors. Customization of layout, graphics, and text is available at no extra charge.

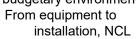


FINANCING AVAILABLE!

Financing with Greenfields Outdoor Fitness® is easy - start enjoying the benefits of a new outdoor fitness facility today!

Through its partner, National Cooperative Leasing (NCL), Greenfields Outdoor Fitness offers an easy and affordable way to fund your outdoor fitness project. NCL is an independently owned company, providing leasing and financing solutions for government and educational agencies throughout the nation. For over 10 years, NCL has specialized in the government leasing and finance industry.

Today, many public education & municipal customers are utilizing programs by NCL as an effective means to obtain equipment in today's strained budgetary environment.



can finance the entire cost of your project. Let us know your requirements and budget and one of NCL's Government Finance Specialists will design a solution to meet your needs.

Greenfields

III III II

NATIONAL

COOPERATIVE

LEASING





CUSTOMER SUPPORT CENTER

Our Customer Support Center is available to answer questions regarding project layout, pre-installation, installation, and equipment up-keep. Our team has extensive experience and stands ready to provide you with expert

We provide detailed documentation for installation and maintenance teams to ensure that the gym will function at peak performance for years to come

The Customer Support Center may be reached at 888-315-9037 x105 or csc@greenfieldsfitness.com.

























STEP 2: **TOP VIEW CAD**

STEP 3: **3D MOCKUP**

The Making of a Greenfields Outdoor Fitness Center

We're ready to help you repurpose any space! Call us today at 888-315-9037 to get started.











TRANSFORMATIONS

Energize an unused space with a social, multigenerational outdoor gym!

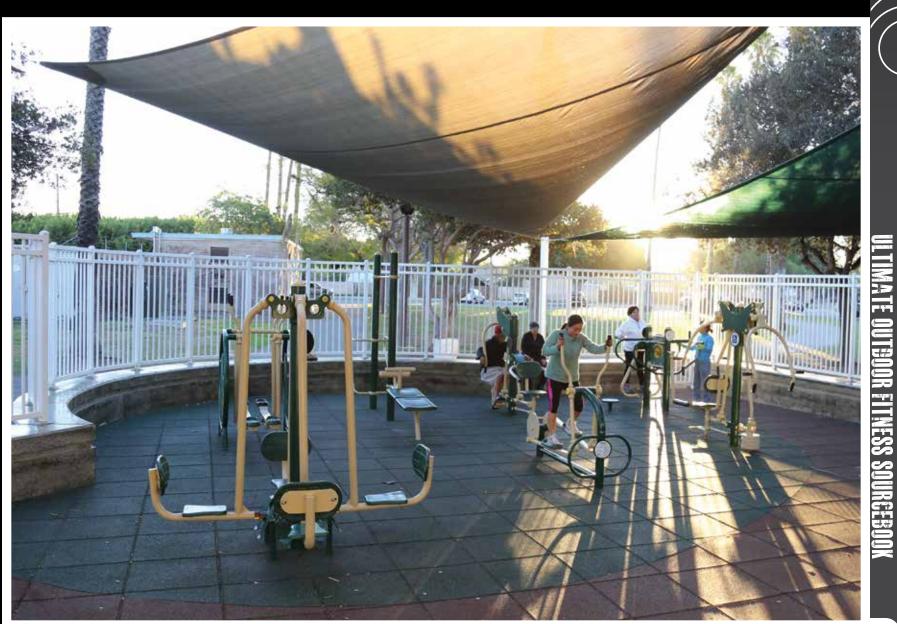
Greenfields' social, multigenerational fitness equipment provides the perfect way to revitalize an unused space and transform it into a community fitness hub that nearly all ages can enjoy together!

With Greenfields' unique exercise units, many of which accommodate multiple users on one footprint, even small spaces can be utilized to encourage community members to exercise. Unused tennis courts, shuffleboard courts, picnic areas, and more provide ideal spaces for future gyms.

Call Greenfields at 888-315-9037 and begin planning *your* park's transformation!





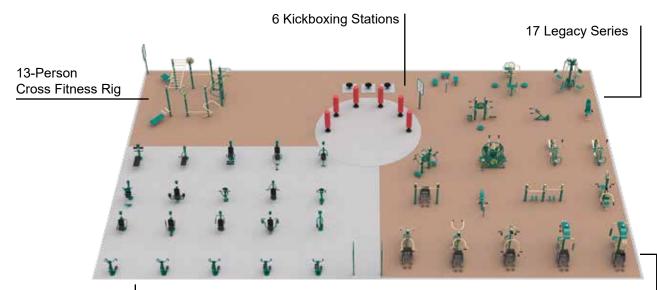




ILTIMATE OUTBOOK FITNESS EXPERIENCE

Greenfields presents the Ultimate Outdoor Fitness Experience, the premier outdoor fitness destination for your community. Accommodating 83 users on 49 units, including the 13-Person Cross Fitness Rig, six Kickboxing Stations, three Signature Accessible™ units, and the adjustable-resistance Professional Series, it's our most comprehensive package and the most revolutionary outdoor fitness experience yet. With Greenfields, fitness is available to just about everyone!

For more details on the package visit greenfieldsfitness.com/ultimate-outdoor-fitness-experience-package



20 Professional Series units with adjustable resistance

5 Signature Accessible™ units

PACKAGE SPECS		
Units	49	
Users	83	
Required Dimensions	112' x 70'	

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles



Wheelchair friendly U.S. Patent 9,079,069 SEE THE VIDEO of this package at Simms Park!











The **NEW X-TREME NINJA** line by Greenfields Outdoor Fitness is ready to test your strength, agility, and endurance. Race through the obstacles, improve your time, and compete with friends! Not for the faint of heart, the X-TREME NINJA courses offer over 20 challenging features such as peg walls, rotating rings, trapezes, and much more!

by Greenfields









AVAILABLE UNITS

NJ-401	Horizontal Peg Grip
NJ-402	Ball Grip

NJ-403 **Cone Grip**

NJ-404 Ring

NJ-405 **Vertical Peg Grip** NJ-406 **Climbing Rope**

NJ-407 **Balloons**

NJ-408 **Cheese Walls**

NJ-409 Peg Wall

NJ-410 Tire

NJ-411 **Pull-Up Bar**

NJ-412 **Spider Web**

NJ-413 **Rotating Rings**

NJ-414 Floating Bridge

NJ-415 Spider Walk

NJ-416 **Trapeze**

NJ-417 Final Wall

NJ-418 **Pull-Up Wheel**

NJ-419 **Pull-Up Triangle**

NJ-421 Swing

NJ-422 **Slanted Jump Board**

FOR MORE ON EACH COMPONENT **SEE PAGES 137 - 146**

YOU'VE GOT OPTIONS Greenfields offers both predesigned courses and a Build-Your-Own option to customize an X-TREME NINJA course for your unique space. Create side-by-side courses to facilitate competitions, or a non-linear cluster. We offer complimentary design services to make sure you get the best option for your community.

Contact us at 888-315-9037 or info@greenfieldsfitness.com to learn more.

ULTIMATE OUTBOOR FITNESS SOURCEBOOK

OBSTACLE COURSE

TAKE YOUR FITNESS ROUTINE TO THE NEXT LEVEL



FINISH





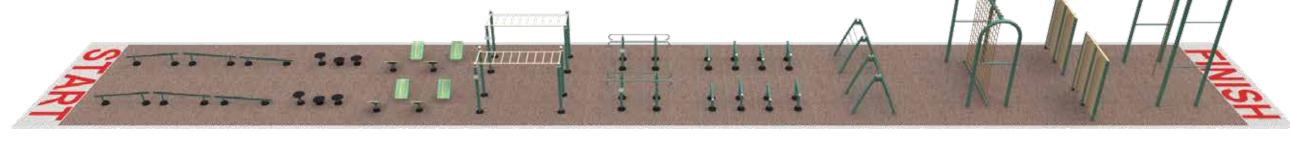


















SGR2005-1-43N (X2) Parallel Bars SGR2005-1-80 (X2) A-Frame Ladder SHP2009-5-09 (X2) Horizontal Ladder SHP2009-7-24-L (X2) Slanted Jump Boards (Set of 4) SHP2009-7-31 (X6) Balance Beam SHP2009-7-35 (X2) Over & Under Bars (Set of 4) SHP2009-7-37 (X2) Round Plyometric Steps (Set of 3) MT2011-1-24 2-Person 20' Rope Climb MT2011-1-38 10' Cargo Net Climb MT2011-1-42 (X2)8' Rope Wall Climb

UNITS

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

START

ULTIMATE OUTBOOR FITNESS SOURCEBOOK



For more details on the package visit greenfieldsfitness.com/functional-fitness-plus-sample-package/



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UNITS

01100000 5 40	25 Davis Maria Functional Fitness Dis
SHP2009-5-18	25-Person Mega Functional Fitness Rig
SHP2009-7-24	3-Person Plyometrics - set of 3
UBX-208	Single Butterfly
UBX-211	Ab Toner
UBX-217	Squat
UBX-244	Tricep Press
UBX-244-W	Wheelchair Accessible Tricep Press
UBX-246	Chest Press
UBX-247	Vertical Press
UBX-247-W	Wheelchair Accessible Vertical Press
UBX-248	Shoulder Press
UBX-248-W	Wheelchair Accessible Shoulder Press
UBX-255	Arm Curl
UBX-258	Hip Twist
UBX-290	Rower
UBX-292	Cardio Stepper
UBX-293	Bench Press
UBX-298	Leg Extension
UBX-303 (x4)	Kickboxing Station
UBX-360 ` ´	Balancing Plate

SGR2005-1-105

Customized Announcement Sign

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Units	23
Users	49

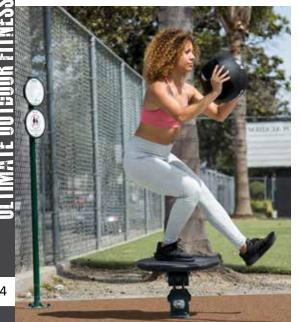
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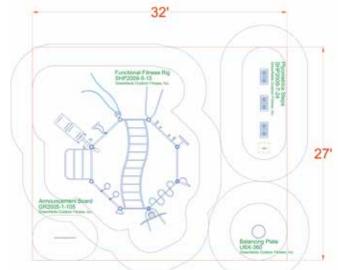
- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities







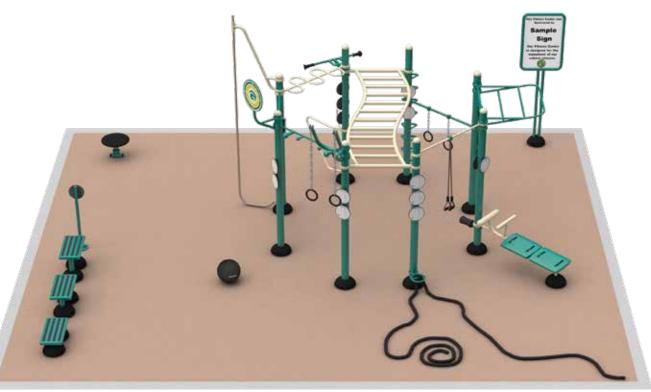




Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



FUNCTIONAL FITNESS SAMPLE PACKAGE 1



Please note that fall attenuating surfacing should be used for this package.

PACKAGE SPECS	
Units	3
Users	18
Required Dimensions	32' x 27'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

— UNITS -

SHP2009-5-15 Functional Fitness Rig
SHP2009-7-24 Plyometric Steps (Set of 3)
UBX-360 Balancing Plate
SGR2005-1-105 Customized Announcement Sign

For more details on the package visit greenfieldsfitness.com/functionalfitness-sample-package/

Greenfields Outdoor Fitness.



Please note that fall attenuating surfacing should be used for this package.

FUNCTIONAL FITNESS Outdoor Fitness. Promoting Wellness & Fighting Obesity One Community at a Time.



SAMPLE PACKAGE 2

SGR2005-1-43N Parallel Bars

SHP2009-5-14 13-Person Cross Fitness Rig

Functional Fitness Rig SHP2009-5-15

SHP2009-5-16 X-Rig

SHP2009-7-24 Plyometric Steps (Set of 3)

UBX-360 Balancing Plate

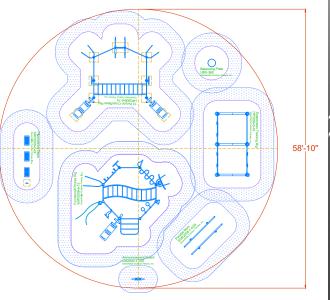
SGR2005-1-105 **Customized Announcement Sign**

Please note that fall attenuating surfacing should be used for

PACKAGE SPECS		
Units	6	
Users	41	
Required Dimensions	58'10" diameter	

Layout is for presentation purposes only -NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.







ULTIMATE OUTBOOR FITNESS SOURCEBOOK



SPORTS PARK SAMPLE PACKAGE

A Greenfields outdoor gym lets those who would otherwise be spectators enjoy some exercise while friends and family members attend pratices. Shade and lighting promote user comfort regardless of the weather or time of day.

For more details on the package visit greenfieldsfitness.com/sports-park-sample-package

AREA 1

SGR2005-1-42 2-Person Back & Arms Combo SGR2005-1-47-W 2-Person Accessible Vertical Press 2-Person Accessible Lat Pull-Down SGR2005-1-48-W SGR2005-1-48A-W 2-Person Accessible Chest Press 2-Person Accessible Butterfly & Reverse Fly Config. A SGR2005-1-48E-W A 2-Person Accessible Butterfly & Reverse Fly Config. B SGR2005-1-48E-W B SGR2005-1-105 **Customized Announcement Sign**

AREA 2

UBX - 215	Adjustable Leg Press
UBX - 217	Adjustable Squat
UBX - 223	Sit-Up Bench
UBX - 246	Adjustable Chest Press
UBX - 247	Adjustable Vertical Press
UBX - 248	Adjustable Shoulder Press
UBX - 292	Adjustable Stepper
SGR2005-1-105	Customized Announcement Sign

AREA 3

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross Country Ski
SGR2005-1-71	3-Person Static Combo
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03	Single Elliptical
SGR2005_1_105	Customized Announcement Sign

SEE THE VIDEO of this









Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles





PACKAGE SPECS	
19	
37	
28' x 32' 35' x 15' 47' x 25'	

Layout is for presentation purposes only -NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



ULTIMATE OUTBOOR

Greenfields' Professional Series Sample Package brings customizable resistance to the outdoor workout. These revolutionary units incorporate adjustable resistance to accommodate any user regardless of fitness level.

For more details on the package visit greenfieldsfitness.com/professional-series-package

UNITS -

UBX-208	Adjustable Butterfly
UBX-211	Adjustable Ab Toner
UBX-215	Adjustable Leg Press
UBX-217	Adjustable Squat
UBX-244	Adjustable Tricep Press
UBX-246	Adjustable Chest Press
UBX-247	Adjustable Vertical Press
UBX-248	Adjustable Shoulder Press
UBX-255	Adjustable Arm Curl
UBX-290	Adjustable Rower
UBX-292 (x4)	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-298	Adjustable Leg Extension & Co
LIBX-303 (x4)	Kickboxing Station

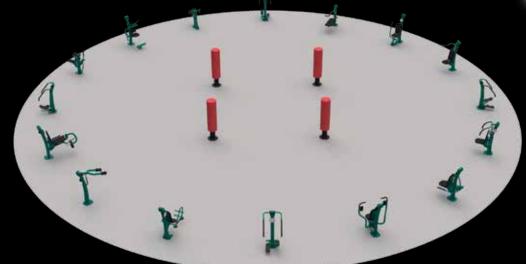
SGR2005-1-105 Customized Announcement Sign

PACKAGE SPECS	
Units	20
Users	20
Required Dimensions	75' x 75' (circular layout) or 50' x 36' (rectangular layout)

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

POSSBLE LAYOUT STYLES:





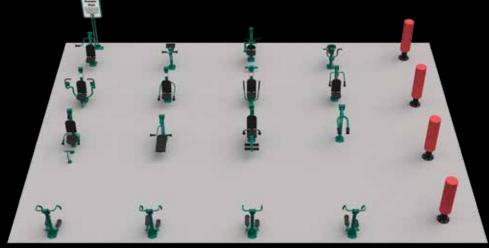
SEE THE VIDEO!



Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles







SGR2005-1-105

LARGE SAMPLE PACKAGE

Turn a dormant open space into a gym and give your community a free ticket to a healthier lifestyle! The Large Sample Package accommodates 38 users and provides exercises for upper, core, and lower body muscles, as well as the Adjustable Stepper to boost cardio.

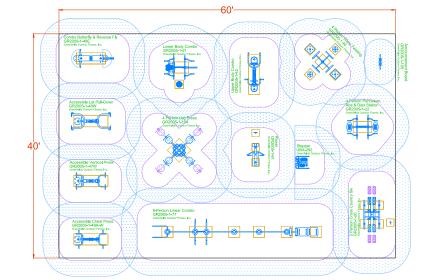
For more details on the package visit greenfieldsfitness.com/large-sample-package

	UNITS
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-46	4-Person Twisting Station
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E	2-Person Combo Butterfly & Reverse Fly
SGR2005-1-77	8-Person Linear Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
UBX-292	Adjustable Stepper

Customized Announcement Sign

PACKAGE SPECS	
Units	13
Users	38
Required Dimensions	60' x 40'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



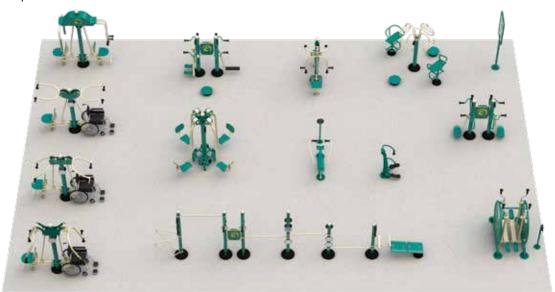
Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles



Wheelchair friendly U.S. Patent 9,079,069







EDIUM SAMPLE PACKAGE 1

One of Greenfields' most popular packages, the 10-unit Medium Sample Package 1 is a well-rounded selection of units offering exercises to a vast variety of users.

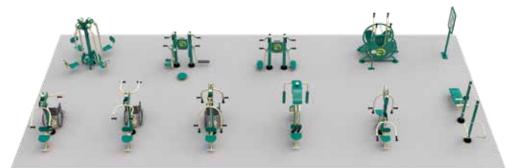
For more details on the package visit greenfieldsfitness.com/medium-sample-package-1

- UNITS

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E	2-Person Combo Butterfly & Reverse Fly
SGR2005-1-71	3-Person Static Combo
SGR2005-1-104N	4-Person Leg Press
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS	
Units	10
Users	27
Required Dimensions	65' x 30'





Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

MEELLIN SAMPLE



- UNITS

SGR2005-1-22 SGR2005-1-26 SGR2005-1-47-W SGR2005-1-48-W SGR2005-1-48A-W SGR2005-1-71 SGR2005-1-104N UBX-208 UBX-255 UBX-292 UBX-293	4-Person Pendulum, Abs & Dips Station 2-Person Cross-Country Ski 2-Person Accessible Vertical Press 2-Person Accessible Lat Pull 2-Person Accessible Chest Press 3-Person Static Combo 4-Person Leg Press Adjustable Butterfly Adjustable Arm Curl Adjustable Stepper Adjustable Bench Press
	,
UBX-298 SGR2005-1-105	Adjustable Leg Extension & Curl Customized Announcement Sign

PACKAGE SPECS	
Units	12
Users	24
Required Dimensions	46' x 38'



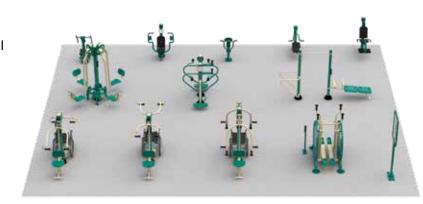
Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit greenfieldsfitness.com/medium-sample-package-2

Teens, parents and seniors alike will gravitate to the easy-to-use, social equipment in Greenfields' Medium Sample Package 2. Incorporating several Professional Series units with adjustable resistance, the package combines form and functionality to create an appealing outdoor fitness space.

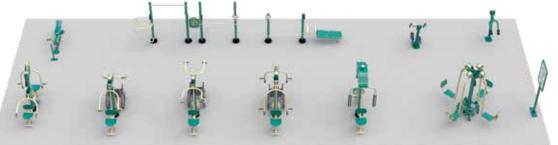






Available options:

- ☑ Shade
- ☑ Site amenities, including bike racks, benches, and trash receptacles



MEDIUM SAMPLE PACKAGE 3

For more details on the package visit greenfieldsfitness.com/medium-sample-package-3

П	IN	Ш.	T.S

SGR20	05-1-42
SGR20	05-1-47-W
SGR20	05-1-48-W
SGR20	05-1-48A-W
SGR20	05-1-48E
SGR20	05-1-77

SGR2005-1-91 SGR2005-1-104N

UBX-217 UBX-292

SGR2005-1-105

2-Person Back & Arms Combo 2-Person Accessible Vertical Press 2-Person Accessible Lat Pull 2-Person Accessible Chest Press 2-Person Combo Butterfly & Reverse Fly 8-Person Linear Combo **Rowing Machine** 4-Person Leg Press Adjustable Squat Adjustable Stepper **Customized Announcement Sign**

The unique 8-Person Linear Combo serves as the cornerstone for the Medium Sample Package 3. Allowing for exercises such as pull-ups and dips, it offers more challenging activities to advanced users.

PACKAGE SPECS	
Units	10
Users	25
Required Dimensions	72' x 26'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

Wheelchair friendly U.S. Patent

SAMPLE PACKA

The Small Sample Package includes several of Greenfields' most popular exercise machines. While only incorporating 7 units, the Small Sample Package accommodates 18 people and covers all major muscle groups. The Small Sample Package is an excellent option for places such as small parks and street corners, transforming excess space into a valuable community amenity.

For more details on the package visit greenfieldsfitness.com/small-sample-package

SGR2005-1-22	4-Person Lower Body Combo
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48C	2-Person Combo Lat Pull & Vertical Press
SGR2005-1-71	3-Person Static Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS	
Units	7
Users	18
Required Dimensions	46' x 25'

Layout is for presentation purposes only -NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



Wheelchair friendly U.S. Patent

9,079,069

Greenfields Outdoor Fitness

Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles



ULTIMATE DUTBOOR FITNESS





SIGNATURE ACCESSIBLETM SENIOR SAMPLE PACKAGE 1

The perfect fitness solution for seniors! The Signature Accessible™ Senior Package 1 features 11 units that accommodate 28 users, including five in wheelchairs. An inviting, low-impact and social addition to any outdoor space, this package creates a fun and unintimidating environment for seniors to exercise.

UNITS

For more details on the package visit greenfieldsfitness.com/signature-accessible -senior-package

SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo

SGR2005-1-22 4-Person Pendulum, Abs & Dips Station

SGR2005-1-26 2-Person Cross-Country Ski
SGR2005-1-42 2-Person Back & Arms Combo
SGR2005-1-47-W 2-Person Accessible Vertical Press
SGR2005-1-48-W 2-Person Accessible Lat Pull
SGR2005-1-48A-W 2-Person Accessible Chest Press

SGR2005-1-48E-W A 2-Person Combo Butterfly & Reverse Fly Config. A SGR2005-1-48E-W B 2-Person Combo Butterfly & Reverse Fly Config. B

SGR2005-1-104N 4-Person Leg Press

SGR2005-1-105 Customized Announcement Sign

PACKAGE SPECS

Units	11
Users	28
Required Dimensions	68' x 30'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



Wheelchair friendly U.S. Patent 9,079,069







Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles



SIGNATURE ACCESSIBLETM SENIOR SAMPLE PACKAGE 2

	UNITS
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-23	2-Person Air Walker
SGR2005-1-26	2-Person Cross Country Ski
SGR2005-1-42	2-Person Back and Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-49	Recumbent Bike
SGR2005-1-91	Rowing Machine
SGR2005-1-98	Seated Leg Extension
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03	Single Elliptical
SGR2005-1-105	Customized Announcement Sign

For more details on the package visit greenfieldsfitness.com/senior-sample-package-2

PACKAGE SPECS	
Units	12
Users	24
Required Dimensions	55' x 35'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



Wheelchair friendly U.S. Patent





Seniors love exercising together outdoors! The Signature Accessible™ Senior Sample Package 2 provides exercise opportunities for 24 users, including 3 users in wheelchairs. Multi-user units such as Greenfields' 4-Person Leg Press and 2-Person Cross Country Ski encourage interaction, resulting in longer exercise sessions and greater health benefits.



Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles





SGR2004-1-33	Multi-Level Bars
3GN2004-1-33	Multi-Level Dais
SGR2005-1-14	2-Person Dips Station
SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47	2-Person Vertical Press
SGR2005-1-48	2-Person Lat Pull
SGR2005-1-48A	2-Person Chest Press
SHP2009-5-10	4-Person Combo Bars
SHP2009-7-24	Plyometric Steps (Set of 3)
UBX-360 (x2)	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS	
Units	11
Users	26
Required Dimensions	67' x 27'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

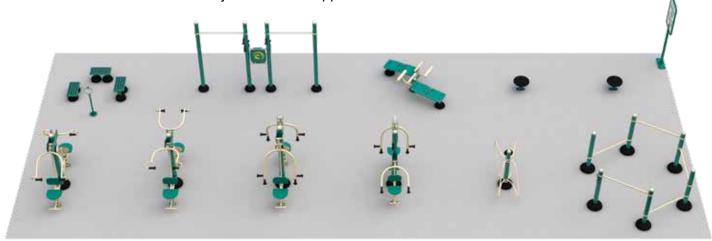
Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

SCHOOL SAMPLE PACKAGE 1

Greenfields' School Package 1 is ideal for both P.E. classes and out-of-classtime recreation. This basic package can accommodate over 50 students when used in conjunction with supplemental cardio activities.



For more details on the package visit greenfieldsfitness.com/school-sample-package-1



SCHOOL SAMPLE

The Professional Series units with adjustable resistance simulate the workout experience of an indoor gym, and allow students of nearly every ability level to participate alongside each other.

UNITS -

SGR2005-1-33	5-Person Multi-Level Bars
SGR2005-1-14	2-Person Dips Station
SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs, & Dips Station
SGR2005-1-42	2-Person Back and Arms Combo
SGR2005-1-47	2-Person Vertical Press
SGR2005-1-48	2-Person Lat Pull
SGR2005-1-48A	2-Person Chest Press
SHP2009-5-09	Horizontal Ladder
SHP2009-5-10	4-Person Combo Bars
SHP2009-7-24	Plyometric Steps (set of 3)
UBX-217	Adjustable Squat
UBX-255	Adjustable Arm Curl
UBX-292 (x4)	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-360 (x2)	Balancing Plate
SGR2005-105	Customized Announcement Sign

For more details on the package visit

PACKAGE SPECS	
Units	21
Users	42
Required Dimensions	35' x 29'

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

Available options:

- ☑ Shade
- ☑ Site amenities, including bike racks, benches, and trash receptacles





Bring the indoor gym experience outside with Greenfields' School Sample Package 3. A wide variety of adjustable Professional Series units, plyo steps, and the 13-Person Cross Fitness Rig combine to create an outdoor gym like none other!

_		— 2TINII —
	CUD0000 E 44	12 Davis Crass Fitness W
	SHP2009-5-14	13-Person Cross Fitness w
	SHP2009-7-24	Plyometric Steps (set of 3)
	UBX-208	Adjustable Butterfly
	UBX-211	Adjustable Ab Toner
	UBX-215	Adjustable Leg Press
	UBX-217	Adjustable Squat
	UBX-244	Adjustable Tricep Press
	UBX-246	Adjustable Chest Press
	UBX-247	Adjustable Vertical Press
	UBX-248	Adjustable Shoulder Press
	UBX-255	Adjustable Arm Curl
	UBX-258	Adjustable Hip Twist
	UBX-290	Adjustable Rower
	UBX-292 (x2)	Adjustable Stepper
	UBX-293	Adjustable Bench Press
	UBX-298	Adjustable Leg Extension & Curl
	UBX-360 (x2)	Balancing Plate
	SGR2005-1-105	Customized Announcement Sign

vail	lable	e op	tions:	

please contact Greenfields.

Units

Users

Required Dimensions

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

PACKAGE SPECS

19

60' x 60'

For more details on the package visit greenfieldsfitness.com/school-sample-package-3

TRAIL SAMPLE PACKAGE



Designed to complement cardio workouts, the 12-unit Trail Sample Package 1 emphasizes upper body and core exercises.

— UNITS —

Area 1

SGR2005-1-48-W SHP2009-5-07 SGR2005-1-105

SGR2005-1-19

SGR2005-1-105

SGR2005-1-48A-W

Area 3

Area 2

SGR2005-1-42 SHP2009-5-10 SGR2005-1-105 2-Person Accessible Lat Pull 2-Person Full Bar Exercise **Customized Announcement Sign**

2-Person Incline Sit-Up Bench 2-Person Accessible Chest Press **Customized Announcement Sign**

2-Person Back and Arms Combo

4-Person Combo Bars **Customized Announcement Sign**

Area 4

SGR2005-1-21 SGR2005-1-45 SGR2005-1-105

Area 5 SGR2005-1-104N SHP2009-7-24 SGR2005-1-105

Area 6 SGR2005-1-22

SGR2005-1-43N

SGR2005-1-105

4-Person Pendulum, Abs, & Dips Parallel Bars **Customized Announcement Sign**

Plyometric Steps (Set of 3)

4-Person Leg Press

4-Person Lower Body Combo 2-Level Horizontal Bars

Customized Announcement Sign

Customized Announcement Sign











12

32

VARIES

PACKAGE SPECS

Units

Users

Required

Dimensions





GreenfieldsOutdoor Fitness.





Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles



ULTIMATE OUTBOOR FITNESS SOURCEBOOK











TRAIL SAMPLE PACKAGE 2

Greenfields' 21-unit Trail Sample Package 2 is the premiere trail enhancement fitness package! Incorporating such multi-user elements such as Greenfields' 10-Person Static Combo and 4-Person Lower Body Combo, this 55-user package makes maximum use of space to provide a vast array of fitness apparatuses to trail users.

Area 1
SGR2005-1-42
SGR2005-1-47
SGR2005-1-48
SGR2005-1-48A
SGR2005-1-71
SGR2005-1-105

Area 3

SGR2004-1-33 Multi-Level Bars SGR2005-1-14 2-Person Dips Station SGR2005-1-19 2-Person Incline Sit-Up Bench 4-Person Combo Bars SHP2009-5-10 Plyometric Steps (Set of 3) SHP2009-7-24 SHP2009-7-25 Back Extension SGR2005-1-105 **Customized Announcement Sign**

2-Person Vertical Press

2-Person Chest Press

3-Person Static Combo

Customized Announcement Sign

2-Person Lat Pull

Area 2 2-Person Back and Arms Combo

SGR2005-1-21 SGR2005-1-48E SGR2005-1-71 SGR2005-1-91 SGR2005-1-98 SGR2005-1-105 4-Person Lower Body Combo Combo Butterfly & Reverse Fly 3-Person Static Combo Rowing Machine Leg Extension **Customized Announcement Sign**

Area 4 SHP2009-5-09 SHP2009-5-12 SHP2009-7-24 SHP2009-7-25 **UBX-360** SGR2005-1-105

Horizontal Ladder 10-Person Static Combo Plyometric Steps (Set of 3) Back Extension **Balancing Plate Customized Announcement Sign**

Available options:

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

For more details on this package visit greenfieldsfitness.com/trail-sample-package-2

PACKAGE SPECS	
Units	21
Users	55
Required Dimensions	VARIES

ULTIMATE OUTDOOR FITNESS SOURCEDOOK

LARGE SIGNATURE ACCESSIBLET SAMPLE PACKAGE

Greenfields' Large Signature Accessible™ Sample Package sets the standard for inclusion with a wide variety of exercises for both the able-bodied and those in wheelchairs. Our unique Signature Accessible™ units accommodate those in wheelchairs without requiring them to transfer, while also serving the able-bodied on the reverse side.

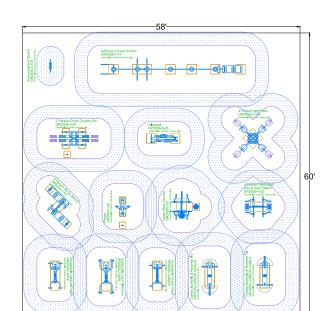
INITO		
	IN	

	ONITO
SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E-W A	2-Person Accessible Combo Butterfly Config. A
SGR2005-1-48E-W B	2-Person Accessible Combo Butterfly Config. B
SGR2005-1-77	8-Person Linear Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03 (x2)	Single Elliptical
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS				
Units	14			
Users	37			
Required Dimensions	60' x 58'			

Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.





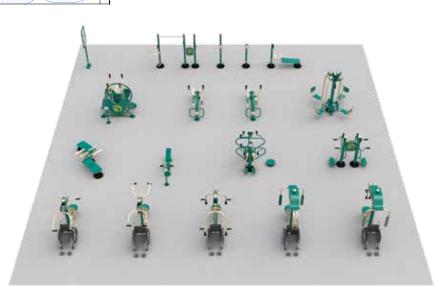


Layout is for presentation purposes only -NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

For more details on this package visit: greenfieldsfitness.com/largesignature-accessible-samplepackage

Available options:

- ☑ Shade
- ☑ Site amenities, including bike racks, benches, and trash receptacles









SMALL SIGNATURE ACCESSIBLE" SAMPLE PACKAGE

Turn a compact space into a pocket-size inclusive outdoor gym with Greenfields' Small Signature Accessible™ Package. The package allows for 6 wheelchair users and 5 able-bodied individuals to exercise alongside each other.

SGR2005-1-47-W SGR2005-1-48-W SGR2005-1-48A-W SGR2005-1-48E-W A SGR2005-1-48E-W B SHP2009-7-21

2-Person Accessible Vertical Press 2-Person Accessible Lat Pull 2-Person Accessible Chest Press Accessible Combo Butterfly & Reverse Fly Config. A Accessible Combo Butterfly & Reverse Fly Config. B Accessible Hand Cycle **Customized Announcement Sign**

Available options:

SGR2005-1-105

☑ Shade

☑ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit greenfieldsfitness.com/small-signature-accessible-package



Layout is for presentation purposes only - NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.



Wheelchair friendly U.S. Patent 9.079.069





Zero-recoil mechanisms Safe-Stop feature 16-level adjustability **Bi-directional pistons**

adjustable resistance



FOR A VIDEO HIGHLIGHT SHOWING PROFESSIONAL ADJUSTABLE SERIES **UNITS IN USE, VISIT GREENFIELDSFITNESS.COM/PROSERIESVIDEO**

PROFESSIONAL SERIES with adjustable resistance









VERTICAL PRESS UBX-247

bi-directional resistance

 Develops chest, front shoulders, and triceps





TRICEP PRESS UBX-244

bi-directional resistance

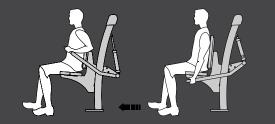
• Strengthens trapezius, triceps, biceps, chest, and shoulders











ACCESSIBLE VERTICAL PRESS

UBX-247-W

bi-directional resistance

Develops chest, front shoulders, and triceps

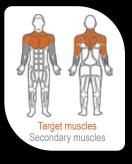


ACCESSIBLE TRICEP PRESS

UBX-244-W

bi-directional resistance

Strengthens trapezius, triceps, biceps, chest, and shoulders









PROFESSIONAL SERIES with adjustable resistance









SHOULDER PRESS UBX-248

bi-directional resistance

 Develops chest, back, shoulders, triceps, forearms, and abs





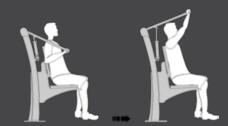
ARM CURL UBX-255

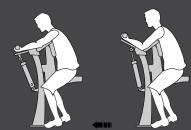
uni-directional resistance

Develops biceps and forearms







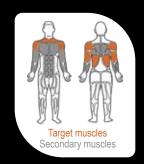


ACCESSIBLE SHOULDER PRESS

UBX-248-W

bi-directional resistance

 Develops chest, back, shoulders, triceps, forearms, and abs







BENCH PRESS UBX-293

bi-directional resistance

Develops chest, shoulders, and triceps





PROFESSIONAL SERIES with adjustable resistance





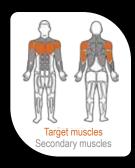


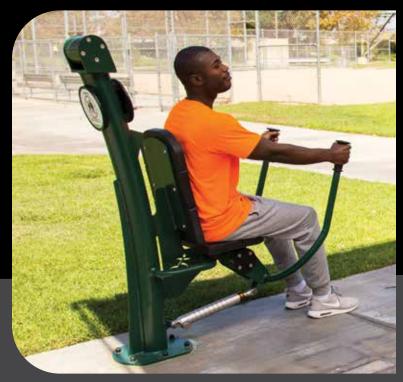


CHEST PRESS UBX-246

bi-directional resistance

 Develops shoulders, chest, and triceps





ROWER UBX-290

bi-directional resistance

• Strengthens back muscles, shoulders, biceps, and forearms











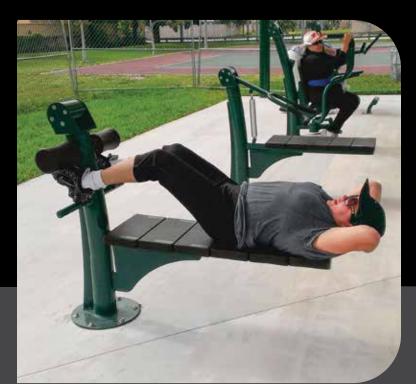
BUTTERFLY UBX-208

bi-directional resistance

Develops chest, shoulders, and upper and mid abs

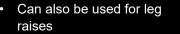




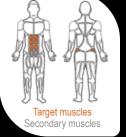


SIT-UP BENCH UBX-223

bi-directional resistance



Develops abdominal muscles









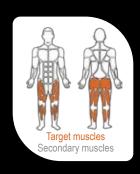




STEPPER UBX-292

bi-directional resistance

• Develops glutes and leg muscles

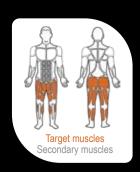




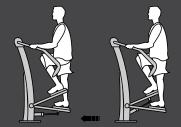
LEG PRESS UBX-215

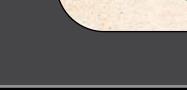
bi-directional resistance

• Develops abs, glutes, and leg muscles









SQUAT UBX-217

bi-directional resistance

Strengthens glutes and leg muscles





LEG EXTENSION & CURL UBX-298

bi-directional resistance

Develops glutes and leg muscles















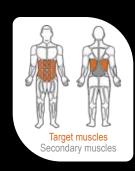
100



HIP TWIST UBX-258

bi-directional resistance

• Strengthens core

















bi-directional resistance

 Strengthens abs and lower back

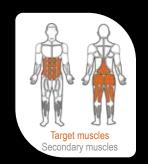




BACK EXTENSION UBX-221

• Strengthens hamstrings, glutes, lower back and core







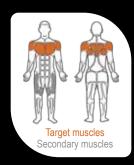
PRULLSHUNAL SERIES WITH Adjustable



SINGLE TAI-CHI UBX-222

bi-directional resistance

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously

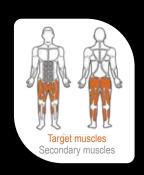




SINGLE RECUMBENT BIKE UBX-288

bi-directional resistance

- Strengthens calves, hamstrings, glutes and quadriceps
- · Good cardiovascular activity
- Low-impact









2-PERSON SHOULDER WHEEL UBX-286

bi-directional resistance

• Increases flexibility in the shoulder muscles and joints





SINGLE UPRIGHT BIKE UBX-289

bi-directional resistance

 Strengthens calves, hamstrings, glutes and quadriceps











SINGLE HAND BIKE UBX-287

bi-directional resistance

- Strengthens arms and shoulder muscles
- Great cardio workout







ADJUSTABLE INNER THIGH ADDUCTOR **UBX-218**

bi-directional resistance

 Strengthens thighs and core









Greenfields' most hardcore workout experience yet!





FOR A VIDEO HIGHLIGHT SHOWING FUNCTIONAL FITNESS UNITS IN USE, VISIT GREENFIELDSFITNESS.COM/FUNCTIONALFITNESSVIDEO





Parallel Bars





Flag Pole

This unit offers the following exercises:

1. Leg Raises

2. Knee Raises

3. Bulgarian Split Squat

4. Cannonball Pull-Ups

5. Sit-Ups

6. Lying Leg Raises

7. Incline Ladder 12. Lat Pull-Ups

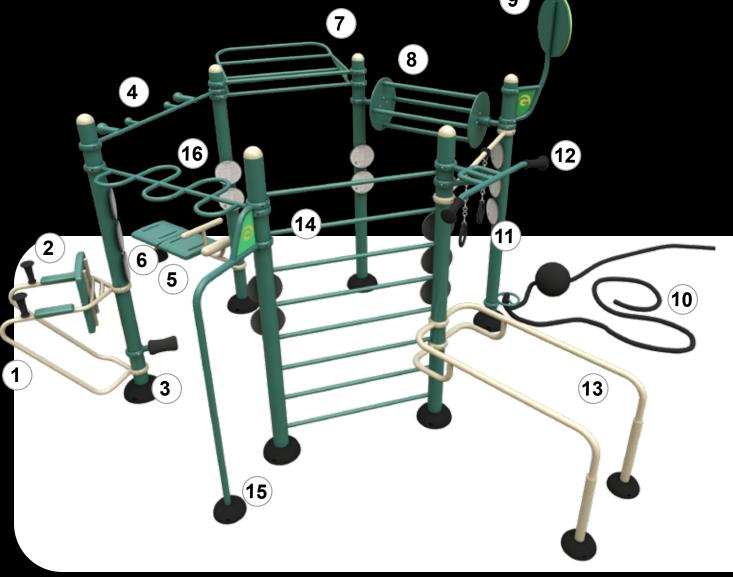
8. Rotating Pull-Ups 13. Parallel Bars

9. Ball Target* 14. Swedish Ladder

10. Battle Ropes 15. Flag Pole

11. Ring Rows 16. S-Shape Pull-Ups

*This is an accessory which is not intended to be left unattended on the equipment. Greenfields recommends that it be made available at a nearby facility for check-out by users.



Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.







Pull-Ups



Leg/Knee Raises



Leg Raises



Dips



Battle Ropes*

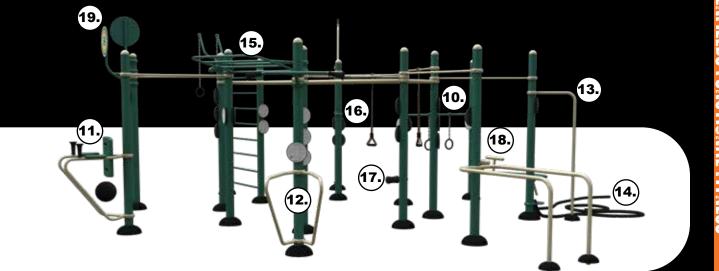


Lat Pull-Ups



This unit offers the following exercises:

- 1. Rope Climb
- 2. Swedish Ladder
- 3. High Rings
- 4. S-Shaped Ladder
- 5. S-Shaped Pull-Up Bar
- 6. Lat Pull-Up Bar
- 7. Cannonball Pull-Up 12. Dip Bar
- 8. Parallel Bars
 - 13. Flag Pole
- 9. Pull-Up Bars (x5) 14. Battle Ropes
- 15. Incline Ladder 10. Ring Rows (x2)
- 16. Suspension Trainers (x3)
- 17. Bulgarian Split Squat
- 18. Sit-Up Bench
- 19. Ball Targets (x2)



11. Captain's Chair

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

COMPACT FUNCTIONAL FITNESS RIG

SHP2009-5-17

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



*This is an accessory which is not intended to be left unattended on the equipment Greenfields recommends that it be made available at a nearby facility for check-out by users



Ring Rows

S-Shape Pull-Ups







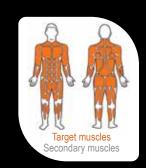
Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

FUNCTIONAL FITNESS RIG SHP2009-5-15

SEE IT IN ACTION!



29' x 27'



Unit dimensions: 18' x 17' Dimensions including clearance space:







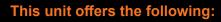
15. Ring Rows

16. Suspension

17. Rope Climb

Trainers





1. Split Squats 8. Ball Target

2. Incline Ladder

4. S-Shaped Fitness Ladder

5. Lat Pull-Ups

6. High Rings

3. Sit-Ups

7. Battle Rope Anchor Point

9. Stretching Post

10. S-Shaped Pull-Ups

11. Leg Raises

12. Dips 13. Swedish Ladder

14. Cannonball Pull-Ups















X-RIG SHP2009-5-16

SEE IT IN ACTION!





Unit dimensions: 8'4" x 6'7" Dimensions including clearance space: 24' x 17'6"



FUNCTIONAL FITNESS





13-PERSON CROSS FITNESS RIG SHP2009-5-14

SEE IT IN ACTION!





Unit dimensions: 17'3" x 20'
Dimensions including clearance space: 28'3" x 31'



This unit offers the following exercises:

- 1. Sit-Ups (2 stations)
- 2. Pull-Ups (2 stations)
- 3. Assisted Pull-Ups
- 4. Dips (2 stations)
- 5. Knee Raises
- 6. Push-Ups
- 7. Leg Raises

- 8. Parallel Pull-Ups
- 9. Assisted Squats
- 10. Stretching
- 11. Ball Target (2 stations)*
- 12. Horizontal Ladder
- 13. Lat Pull-Up
- *Medicine ball not included

Now with Lat Pull-Up!



























Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.

FUNCTIONAL FITNESS







This unit offers the following exercises:

1. Dips

GREWFIEDS FUNCT

6. Parallel Pull-Ups

2. Stretching

7. Incline Leg Raises

3. Assisted Squats

8. Incline Sit-Ups

4. Assisted Pull-Ups

9. Assisted Push-Ups

5. Chin/Pull-Ups 10. Leg/Knee Raises

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



8-PERSON STATIC COMBO SHP2009-5-11

This unit offers the following exercises:

- **Assisted Pull-Ups**
- Leg/Knee Raises
- **Assisted Push-Ups**
- Parallel Pull-Ups
- Incline Leg Raises
- Chin/Pull-Ups
- Incline Sit-Ups





8-PERSON LINEAR COMBO SGR2005-1-77

This unit offers the following exercises:

1. Dips

6. Chin-Ups/Pull-Ups

2. Assisted Squats

7. Modified Pull-Ups

3. Chin-Ups/Pull-Ups

8. Modified Push-Ups

4. Leg/Knee Raises

9. Incline Sit-Ups

5. Parallel Pull-Ups

10. Incline Leg Raises

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.







3-PERSON KETTLEBELL STATION SHP2009-7-42

- Tones arms
- Strengthens lower body (quads, hamstrings, and
- Develops posture control
- Improves cardiovascular endurance
- Increases grip strength













6-PERSON STATIC COMBO SGR2005-1-76

This unit offers the following exercises:

1. Dips

6. Leg/Knee Raises

2. Assisted Squats

7. Assisted Pull-Ups 8. Incline Leg Raises

3. Stretching 4. Chin/Pull-Ups

9. Incline Sit-Ups

5. Parallel Pull-Ups

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



FUNCTIONAL FITNESS





3-PERSON STATIC COMBO SGR2005-1-71

- Strengthens back, shoulders, arm muscles, and core
- · Can be used by three people simultaneously
- Great social activity

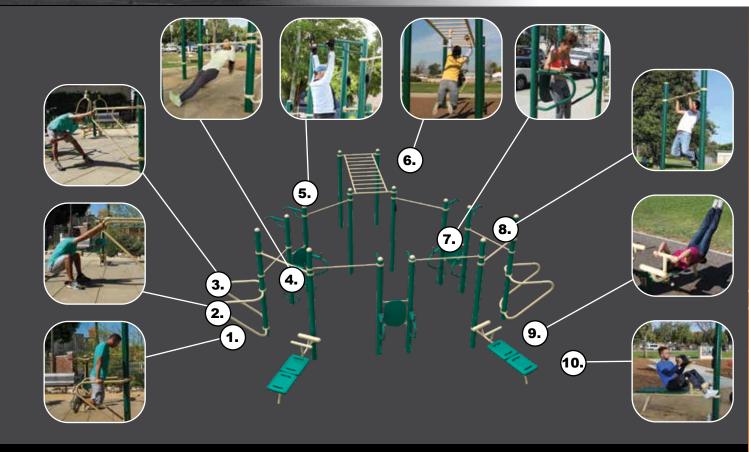
Available exercises:

- DipsSquats
- Chin-Ups
 Leg Raises
- Sit-Ups Stretches





Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



19-PERSON STATIC COMBO SHP2009-5-13

This unit offers the following exercises:

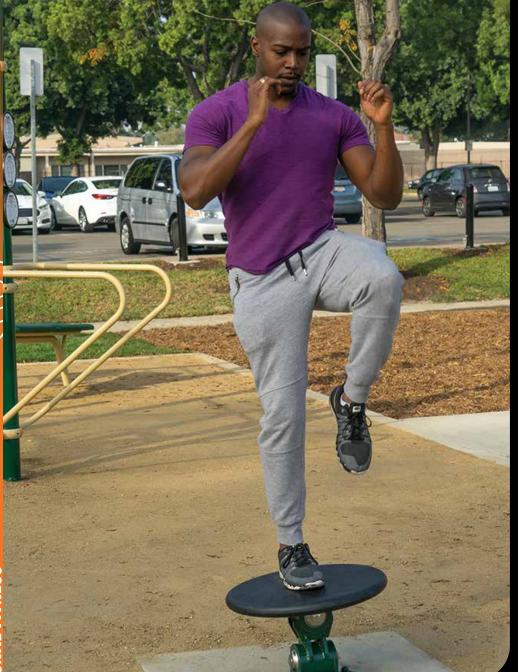
- 1. Dips
- 2. Assisted Squats
- 3. Stretching
- 4. Assisted Pull-Ups
- 5. Parallel Pull-Ups
- 6. Horizontal Ladder
- 7. Leg Raises
- 8. Chin/Pull-Ups
- 9. Incline Leg Raises10. Incline Sit-Ups

Please be advised that Greenfields recommends the use of fall attenuating surfacing under this unit.



unit.

Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fit In order to honor our commitment to quality and safety. Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without it





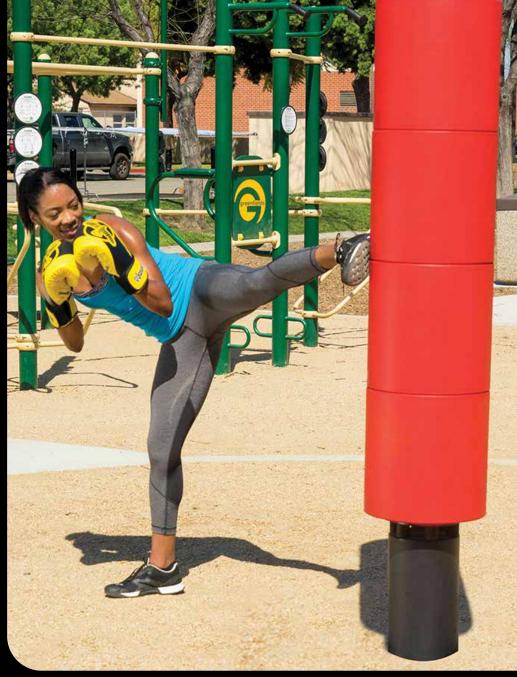












BALANCING PLATE UBX-360

• Strengthens core, quads, lower back, and calves



- Total body workout exercises major upper body, lower body, and core muscles
- Improves cardiovascular endurance









- Strengthens back muscles, chest, shoulders, biceps, triceps, forearms, upper- and mid-abs
- Can be used by four people simultaneously



Available exercises:

- Squats
- Leg Raises
- Stretches
- Chin-Ups/Pull-Ups













EXERCISE BENCH SHP2009-7-22

• Strengthens shoulders, triceps, abs, and obliques





S-SHAPED FITNESS LADDER SHP2009-5-09-S

• Strengthens chest, shoulders, upper and mid abs, forearms, and triceps





2-PERSON FULL BAR EXERCISE SHP2009-5-07

- Strengthens chest, shoulders, upper and mid abs, forearms, triceps, glutes, quads, and hamstrings
- · Can be used by two people simultaneously
- Great social activity







WAVE FITNESS LADDER SHP2009-5-09-WV

• Strengthens chest, shoulders, upper and mid abs, forearms, and triceps





2-PERSON PUSH-UP & DIPS STATION SGR2005-1-15

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



HORIZONTAL LADDER SHP2009-5-09

• Strengthens shoulders, upper and mid abs, biceps, and triceps





2-PERSON DIPS STATION SGR2005-1-14

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- · Great social activity







MULTI-LEVEL BARS SGR2004-1-33

- Strengthens chest, shoulders, upper and mid abs, forearms, biceps, and triceps
- Can be used by five people simultaneously
- Great social activity



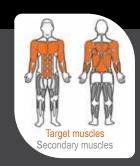
A-FRAME LADDER SGR2005-1-80

- Develops upper body strength
- Improves core and builds calves
- Stretching





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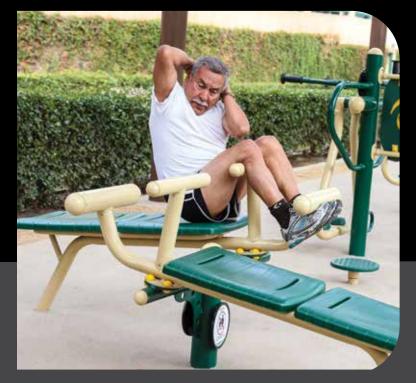




PARALLEL BARS SGR2005-1-43N

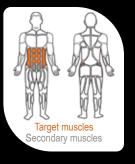
Strengthens shoulders, triceps, and abdominals





2-PERSON INCLINE SIT-UP BENCH SGR2005-1-19

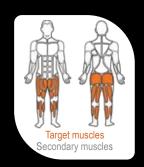
- Can also be used for leg
- Strengthens upper, mid, and lower abdominals
- Strengthens obliques
- Can be used by two people simultaneously
- Great social activity





S-SHAPED JUMP BAR SHP2009-5-08

- Develops balance and agility
- Strengthens quads, calves, and glutes





SLANTED JUMP BOARDS (Set of 4) SHP2009-7-24-L

- Improves coordination and balance
- Improves lateral movement
- Allows your body to adapt to quick change of direction needed for agility





3-BEAM JUMP BARS SHP2009-7-20

- Develops balance and agility
- Stengthens quads, calves, and glutes





Strengthens hamstrings, glutes, lower back, and core





- Strengthens back muscles, shoulders, arm muscles, and forearms
- Can be used by two people simultaneously
- Great social activity









BALANCE BEAM SHP2009-7-31

- Improves balance
- · Develops posture control
- Improves cardiovascular endurance





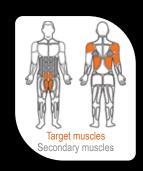
OVER & UNDER BARS SHP2009-7-35

- Set of 4
- Strengthens legs and core
- Excellent for promoting agility
- Enhances balance



2-PERSON 20' ROPE CLIMB MT2011-24

• Rope climb using various techniques



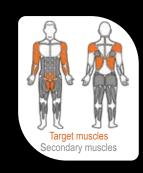


10' CARGO NET CLIMB MT2011-1-38

- Climb using various techniques
- Can be an independent station OR attached to the Rope **Climbing Station**



8' ROPE WALL CLIMB MT2011-1-42



Improves wall climb techniques - with/without the use of the rope



GreenfieldsOutdoor Fitness.

FUNCTIONAL FITNESS









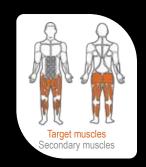


PLYOMETRIC STEPS (Set of 3) SHP2009-7-24

- Develops quads, calves, and glutes
- Contributes to balance and posture control
- Improves cardiovascular endurance

ROUND PLYOMETRIC STEPS (Set of 3) SHP2009-7-37

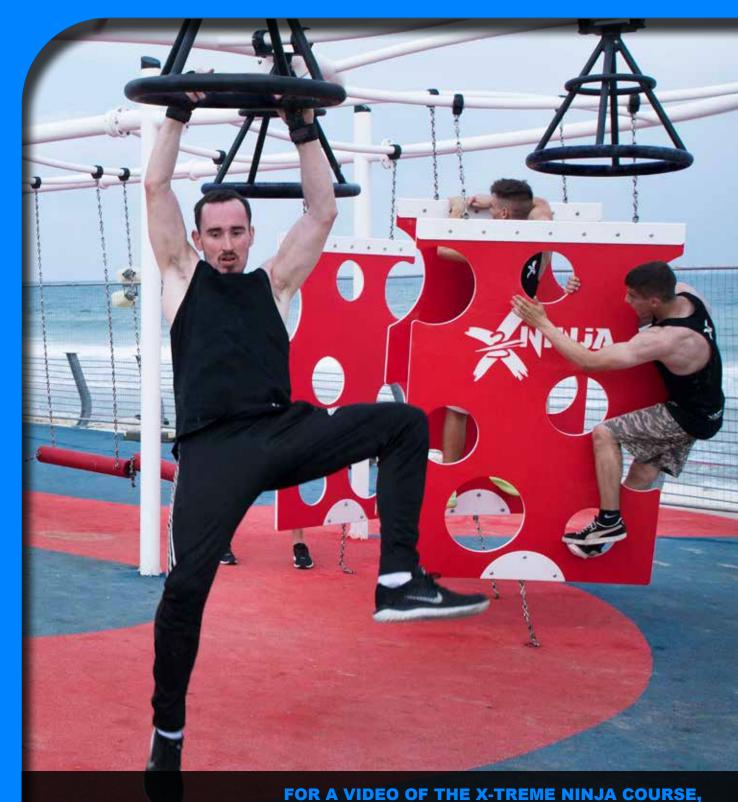
- Develops posture control
- Improves cardiovascular endurance
- Use for a variety of upper and lower body exercises







Test your strenth, agility, and endurance.
20 challenging features
Race through obstacles and compete with friends
Not for the faint of heart!



CONE GRIP NJ-403

RING NJ-404



CHEESE WALLSNJ-408







BALLOONS NJ-407

GREENFIELDS XTREME NINJA

138





FLOATING BRIDGE NJ-414





SPIDER WALK NJ-415





TRAPEZE NJ-416





TIRE NJ-410

GREENFIELDS XTREME NINJA

GREENFIELDS XTREME NINJA





ROTATING RINGS NJ-413



HORIZONTAL PEG GRIP **NJ-401**





SWING NJ-421



142

GREENFIELDS XTREME NINJA





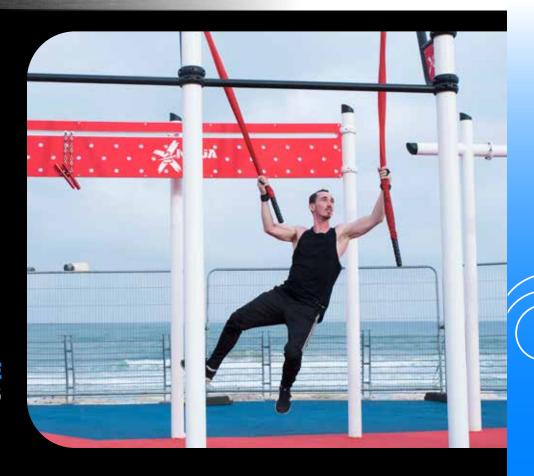
PULL-UP BAR NJ-411

PULL-UP WHEEL NJ-418

PULL-UP TRIANGLE NJ-419



CLIMBING ROPE NJ-406





SLANTED JUMP BOARD **NJ-422**



SPIDER WEB NJ-412

X-TREME NINJA



Greenfields' original patented design (US Patent 9,079,069)

No transferring required!

Promote integration

Available to the able-bodied

Endorsed by U.S. Paralympian Jennifer French



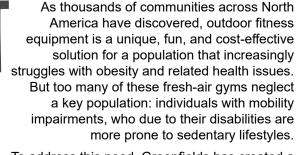




FINAL WALL NJ-417



FOR A VIDEO HIGHLIGHT SHOWING SIGNATURE ACCESSIBLE™ UNITS IN USE, VISIT GREENFIELDSFITNESS.COM/ADALINEVIDEO



To address this need, Greenfields has created a special line specifically for users in wheelchairs. Unique in their functionality and appeal, the Signature Accessible™ line (U.S. Patent 9,079,069) units allow users to exercise without having to transfer out of their wheelchairs. By incorporating these units into the outdoor gym, the benefits of fitness can be extended to a greater percentage of the population. In addition, the social aspect of Greenfields' fitness zones promotes integration and inclusion of individuals with mobility impairments into the greater

As illustrated in this catalog, many units in this line can be used by the able-bodied not only on the side with the seat, but on the accessible side as well. Like Greenfields' Legacy Series, the Signature Accessible™ line is durable, social, and most importantly, free for the community!

Greenfields is proud to have U.S. Paralympic medalist Jennifer French as spokesperson for the Signature Accessible™ line

French recalls the difficulties encountered when she first began using a wheelchair and wanted to exercise; the closest fitness facility that would accommodate her needs was located at a hospital an hour away.

"Fitness is just as important for people with disabilities, if not more important," says French. "In the U.S., there is a higher incidence of obesity among people with disabilities than the general population. But access to equipment and facilities is much more limited."

"Having exercise equipment available to use alongside the rest of the community truly integrates people with disabilities into the world of fitness and makes it much more fun!"



ACCESSIBLE SHOULDER PRESS (Adjustable Resistance) UBX-248-W

bi-directional resistance

- · Develops chest, back, shoulders, triceps, forearms, and abs
- 16 resistance levels











SIGNATURE ACCESSIBLE TO

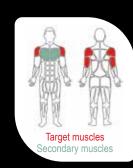


RTICAL PRESS justable Resistance)

UBX-247-W

bi-directional resistance

- Develops chest, front shoulders, and triceps
- 16 resistance levels





U.S. PATENT PENDING





UBX-244-W

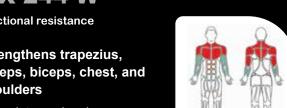
bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders
- 16 resistance levels



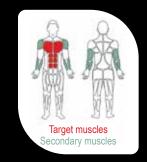






2-PERSON ACCESSIBLE CHEST PRESS SGR2005-1-48A-W • Strengthens chest, shoulders, upper and mid abs, forearms, and triceps

- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing
- Side with seat may be used by those in wheelchairs who can transfer









U.S. PATENT 9,079,069

Also usable by the ablebodied in a standing position!

Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037

Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fits most". In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.



SIGNATURE ACCESSIBLE TO





2-PERSON ACCESSIBLE LAT PULL SGR2005-1-48-W

- Strengthens back muscles, shoulders, and arm muscles
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing
- Side with seat may be used by those in wheelchairs who can transfer











Also usable by the ablebodied in a standing position!

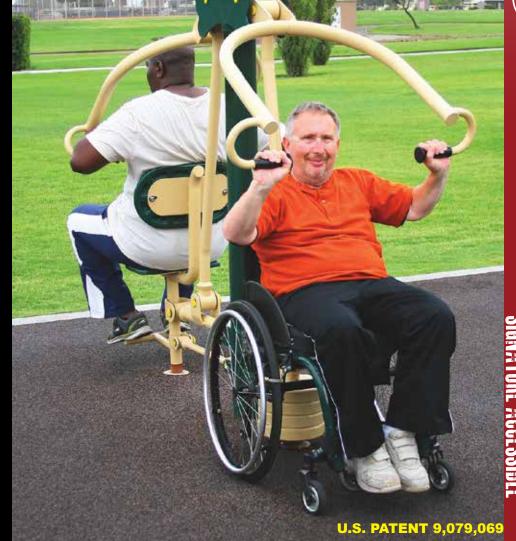
2-PERSON ACCESSIBLE VERTICAL PRESS SGR2005-1-47-W

- Strengthens chest, shoulders, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer





Also usable by the ablebodied in a standing position!





SIGNATURE ACCESSIBLE TO



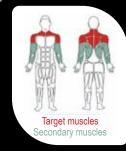


ACCESSIBLE REVERSE BUTTERFLY

SGR2005-1-90-W

· Strengthens arms, shoulders, and back muscles





U.S. PATENT 9,079,069

ACCESSIBLE BUTTERFLY SGR2005-1-08-W

 Develops chest, front shoulders, and upper and mid-abs







U.S. PATENT 9,079,069

PERSON ACCESSIBLE

SGR2005-1-48C-W

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- · Great social activity

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• Can be used by two people simultaneously & independently of each other





2-PERSON ACCESSIBLE SHOULDER WHEEL **UBX-286**

 Increases flexibility in the shoulder muscles and ioints





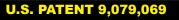


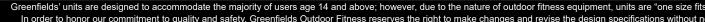


- Strengthens shoulders
- · Can help improve wrist agility
- · Can be used by two people simultaneously









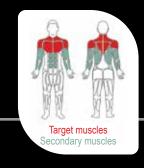
SIGNATURE ACCESSIBLE



SIGNATURE ACCESSIBLE THE



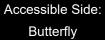
2-PERSON ACCESSIBLE COMBO BUTTERFLY & REVERSE FLY SGR2005-1-48E-W

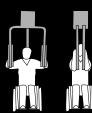


Develops chest, arms, back, front shoulders, and upper and mid-abs

Configuration A







Standard Side: Reverse Butterfly





Configuration B



Accessible Side: Reverse Butterfly





Standard Side: Butterfly





Body-weight resistance Social & multigenerational Built for any climate Enjoyed in hundreds of communities worldwide!

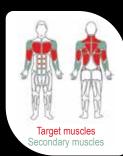


LEGACY SERIES UPPER BODY



2-PERSON BACK & ARMS COMBO SGR2005-1-42

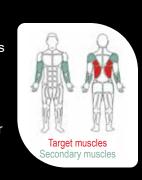
- Strengthens back, biceps, triceps, trapezius, and shoulders
- Great social activity
- Can be used by two people simultaneously & independently of each other





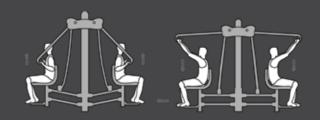
2-PERSON LAT PULL SGR2005-1-48

- Strengthens back muscles, shoulders, and arm muscles
- Great social activity
- Can be used by two people simultaneously & independently of each other





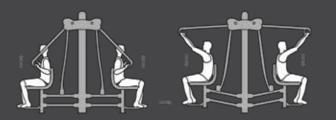






- Strengthens chest, shoulders, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



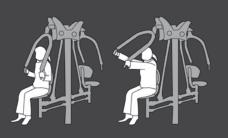




2-PERSON CHEST PRESS SGR2005-1-48A

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- · Great social activity
- Can be used by two people simultaneously & independently of each other





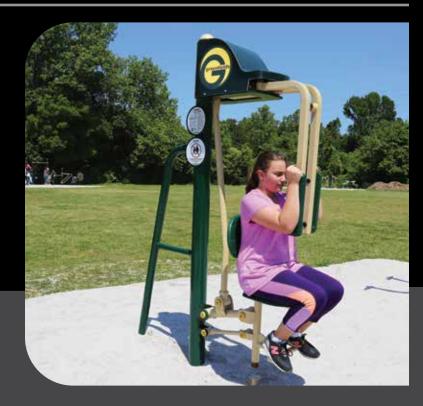
LEGACY SERIES UPPER BODY



SINGLE BUTTERFLY SGR2005-1-08

 Develops chest, front shoulders, and upper and mid-abs





2-PERSON COMBO LAT PULL & VERTICAL PRESS SGR2005-1-48C

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other













SINGLE REVERSE BUTTERFLY SGR2005-1-90

 Strengthens arms, shoulders, and back muscles







2-PERSON COMBO BUTTERFLY & REVERSE FLY

SGR2005-1-48E

- Develops chest, arms, front shoulders, back, and upper and mid-abs
- Can be used by two people simultaneously & independently of each other









LEGACY SERIES UPPER BODY / CORE







- Strengthens chest, shoulders, biceps, forearms, lower back, and abdominals
- · Loosens hips and side
- · Can be used by four people simultaneously & independently of each other
- · Great social activity





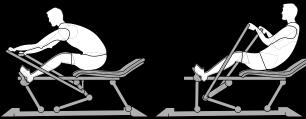




ROWING MACHINE SGR2005-1-91

- Strengthens back muscles, shoulders, arm muscles, and abdominals
- Improves cardiovascular endurance











- Strengthens legs, glutes, obliques, triceps, shoulders, chest, and core
- Stretches lower back and inner thigh
- Can be used by four people simultaneously & independently of each other
- Great social activity





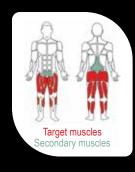


2-PERSON CROSS COUNTRY SKI SGR2005-1-26

- Strengthens leg muscles, improves cardiovascular endurance
- Can be used by two people simultaneously or one person alone
- Great social activity







LEGACY SERIES LOWER BODY



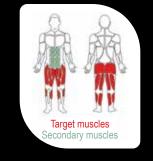
SINGLE ELLIPTICAL SHP2009-5-03





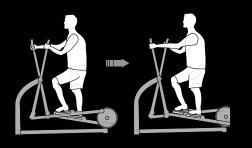
4-PERSON LEG PRESS SGR2005-1-104N

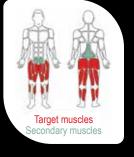
- Strengthens abdominals and leg muscles, particularly quads and calves
- · Great social activity
- Can be used by four people simultaneously & independently of each other
- Also available as a 2-person model (SHP2009-5-05N) please see page 140



- · Strengthens leg muscles
- Improves cardiovascular endurance







LEGACY SERIES LOWER BODY



4-PERSON TWISTING STATION SGR2005-1-46

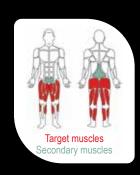
- Stretches torso
- Can be used by four people simultaneously & independently of each other
- Great social activity





SINGLE CROSS COUNTRY SKI SGR2005-1-09

- · Strengthens leg muscles
- Improves cardiovascular endurance
- Also available in a 2-Person model (SGR2005-1-26) - please see page

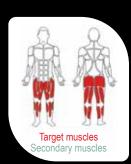


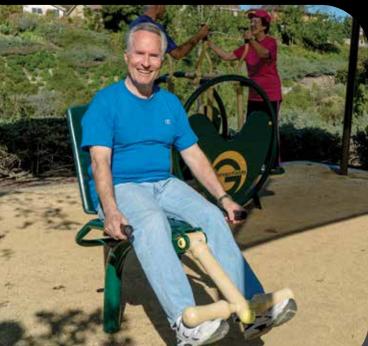




2-PERSON AIR WALKER SGR2005-1-23

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 1-person model (SHP2009-5-06) - please see below





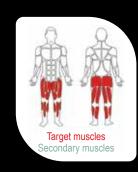
LEG EXTENSION SGR2005-1-98

Strengthens abdominals and leg muscles, particularly quads



SINGLE AIR WALKER SHP2009-5-06

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 2-person model (SGR2005-1-23) - please see above



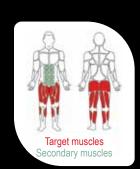


LEGACY SERIES LOWER BODY



2-PERSON LEG PRESS SHP2009-5-05N

- Strengthens calves, hamstrings, glutes, and quadriceps
- Can be used by two people simultaneously & independently of each
- Also available in a 4-person model (SGR2005-1-104N) - please see page





RECUMBENT BIKE SGR2005-1-49

- Strengthens calves, hamstrings, glutes, and quadriceps
- Low-impact
- · Resistance-free



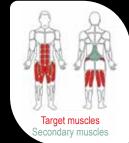




• Strengthens abdominals and thigh muscles



SEATED CORE STRENGTHENING SGR2005-1-28



BALANCE STEPS SHP2009-7-30

- Improves balance
- Develops posture control
- Improves cardiovascular endurance







UPRIGHT BIKE SGR2005-1-89

- Strengthens hamstrings, glutes, quadriceps, calves, lower back, and core
- Low-impact
- Resistance-free



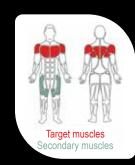
SPIZIFICO



LEGACY SERIES UPPER BODY

TAI-CHI SPINNERS SGR2005-1-04

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously







WEIGHT LIFT SGR2005-1-12

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Wheelchair accessible



BENCH PRESS SHP2009-7-26

Strengthens chest, shoulders, and triceps





WARRANTY

- · Limited 10-year warranty on main post and metal structure
- Limited 5-year warranty on moving parts and bearings
- · Limited 5-year warranty on seats and backrests
- Limited 3-year warranty on hydraulic pistons
- · Limited 2-year warranty on footrests, armrests, rubber parts, and chains
- Limited 1-year warranty on battle ropes, climbing ropes, and suspension trainers

All warranties cover failure due to natural deterioration or manufacturing defects and do not include any cosmetic issues or wear and tear

from normal use. This warranty does not cover cosmetic items such as scratches, dents, marring, fading, discoloring, weathering, wear and tear, or normal level of rusting. Warranty is valid only if the equipment is installed and maintained in conformity with Greenfields' installation and maintenance procedures furnished by Greenfields Outdoor Fitness. Equipment should not be exposed to any irrigation, especially with reclaimed water, as this will void the warranty. Equipment must be installed on a surface with proper drainage and or slope to prevent water buildup around the base of the equipment. Equipment should not be installed in basins or in low-lying areas which result in equipment being submerged. Equipment should be installed in a timely fashion after delivery; however if the equipment must be stored for an extended period of time, crates should be stored in a dry, indoor environment.

OTHER PRODUCT INFORMATION

Greenfields will continue to develop its line of products and therefore reserves the right to change the design specifications without notice. The equipment is designed for use by individuals weighing up to 300 pounds. The equipment is NOT intended to be used by individuals younger than 14 years of age unless supervised by adults. Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are regarded as "one size fits most, but not all."

CUSTOMER SUPPORT

Upon written notification (email or fax) to Greenfields of a product's failure to conform to any of the aforementioned warranties during the applicable warranty period, Greenfields shall correct such failure/nonconformity by repairing the defective part(s) or providing replacement part(s) within 60 calendar days of receipt of the notification. Greenfields shall ship the required replacement part(s) to the site free of charge, but will not be responsible for providing labor or the cost of labor for removing defective part(s) or installing replacement part(s). Greenfields will warranty the replacement part(s) for the remainder of the original warranty period. Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law, Greenfields shall not be liable for any direct, indirect, special, incidental or consequential damages, which are expressly excluded from the sale of its product. To make claims under the terms of this warranty, please contact Greenfields' Customer Support Center at CSC@GreenfieldsFitness.com. Please include photos or video.

INSTALLATION

Greenfields' equipment is constructed from heavy steel pipes and is subject to heavy forces and torques when in use as intended. Extra care must be taken to ensure that the equipment is securely installed so that it can be safely enjoyed for years to come.

There are two methods of installation for the equipment:

- Surface mount installation with posts bolted to a reinforced concrete slab a minimum of 6"-8" thick (please refer to Installation Instructions & Video for detailed guidelines)
- Permanent in-ground installation in which the equipment post extensions are placed in concrete footings and use provided rebar pegs (please refer to Installation Instructions & Video for detailed guidelines)
 Installers and project managers are encouraged to contact Greenfields'
 Customer Support Center with any questions before and/or after

installation. Detailed installations instructions are available for all products and are included in the Operations & Maintenance (O&M) Owner's Manuals which are shipped with every order.

Often the installation of Greenfields products is assigned to the lowest bidding contractor. The contractor may not have been in contact with Greenfields prior to the project or seen the detailed Installation Instructions. It is the responsibility of the project manager to ensure installing contractor is provided with the most updated set of Greenfields' Installation Instructions & Installation Video to ensure the validity of the warranty.

Should the project installer need a copy of the Installation Instructions, please contact Greenfields' Customer Support Center at 888-315-9037 x105 or by email at CSC@GreenfieldsFitness.com.

SAFETY STANDARDS

This adult outdoor fitness equipment is not intended for use by unsupervised individuals younger than 14 years of age. ASTM recently adopted ASTM F3101-15 Standard Specification for Unsupervised Public Use Outdoor Fitness Equipment. While playgrounds are subject to laws in various states requiring compliance with ASTM and/or Consumer Product Safety Commission (CPSC) guidelines, at time of this publication, and to the best knowledge of the author, there are no state laws requiring compliance with standards set forth by ASTM for outdoor fitness equipment (nor with CPSC guidelines, as none currently exist.) Play equipment can be certified to be in compliance with ASTM by the International Playground Equipment Manufacturers Association (IPEMA), and many agencies have a requirement that they only purchase equipment that is IPEMA certified. However, at this time, this is not possible with outdoor fitness equipment, as IPEMA does not currently certify compliance of outdoor fitness equipment. In addition, at this time there are no programs in place to train certified inspectors for outdoor fitness equipment. Without a state law that requires compliance, specifications are voluntary only. However, Greenfields Outdoor Fitness strives to comply with all of the voluntary specifications of ASTM F3101-15. Greenfields recommends adding a customized sign to each project to limit liability.

SURFACING MATERIALS

Over the years, Greenfields' product has been installed using the following types of surfacing: decomposed granite (aka DG or crushed granite), concrete, bonded rubber or poured-in-place surfacing, rubber tiles, asphalt, paver stones, and synthetic grass. Mulch, woodchips, beach sand, and sod have also been used but are not recommended with respect to wheelchair access. The type of surfacing used is ultimately the choice of the owner and their project manager. When it comes to Greenfields Functional Fitness Series, it is advised to use fallattenuating surfacing.

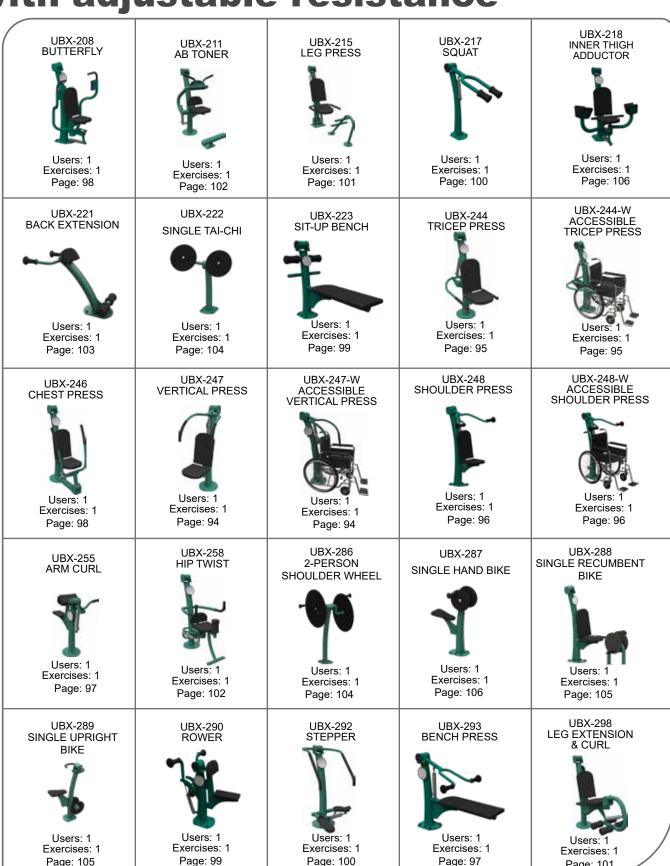
MAINTENANCE & EQUIPMENT UPKEEP

Greenfields Outdoor Fitness equipment is intended to be used by the unsupervised public in a variety of outdoor settings. Greenfields is extremely proud of the safe and durable design of its products, which are built to surpass their warranty under normal usage. Installations throughout the hemisphere prove this equipment's success in both hot and cold climates, as well as dry and humid conditions. While the units are designed to require, for the most part, little to no maintenance, Greenfields recognizes that heavy and constant usage will require a minimal level of maintenance which will be scheduled based on the specific nature of each project.

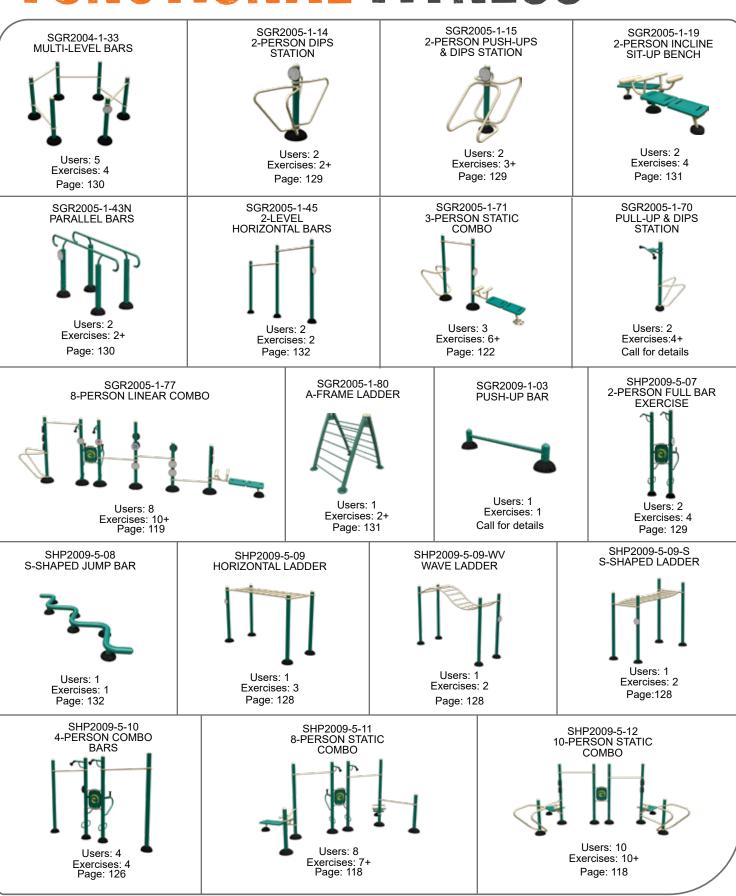
Installation on an ocean front, or with a direct line of sight to the ocean, will expose the units to salt and will require additional maintenance which is not required at inland sites or in dry climates. Such installations will require a regular fresh water rinse to remove the salt from the units (do not use reclaimed water - exposing the equipment to reclaimed water will void warranty). Greenfields recommends periodic inspection by a maintenance team to ensure each and every apparatus functions as intended. Please refer to the Periodic Inspection Checklist provided with the O&M Owner's Manuals.

PROFESSIONAL SERIES

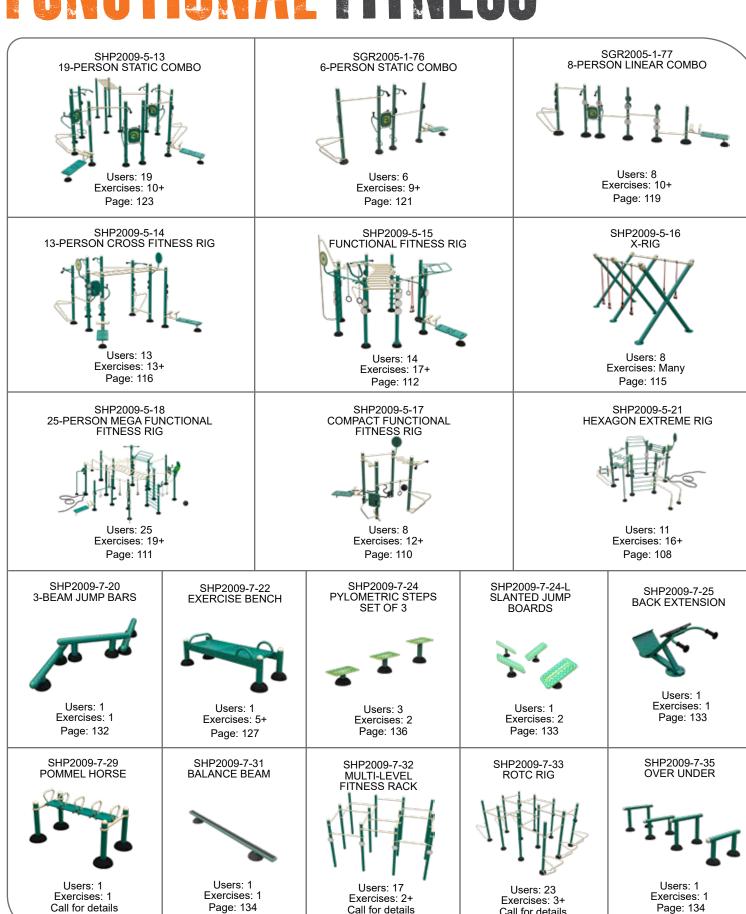
with adjustable resistance



FUNCTIONAL FITNESS



FUNCTIONAL FITNESS





Users: 1 Exercises: 1

Call for details

SGR2009-7-37 ROUND PLYOMETRIC STEPS



Users: 1 Exercises: Page: 136 KETTLEBELL STATION

SHP2009-7-42 3-PERSON

Users: 1 Exercises: 1 Page: 120

UBX-303 KICKBOXING STATION

Users: 1 Page: 125 UBX-360 BALANCING PLATE



Users: 1 Page: 124

MT2011-1-24 2-PERSON 20' ROPE CLIMB



Users: 2 Exercises: 1 Page: 135

MT2011-1-38 10' CARGO NET CLIMB



Users: 1 Exercises: 1 Page: 135

MT2011-1-42 8' ROPE CLIMB WALL



Users: 2 Exercises: 1 Page: 135

SGR2005-1-04-W ACCESSIBLE TAI-CHI SPINNERS



Users: 2 Exercises: 1 Page: 155

SGR2005-1-08-W ACCESSIBLE BUTTERFLY



Users: 1 Exercises: 1 Page: 154

SGR2005-1-47-W ACCESSIBLE VERTICAL **PRESS**



Users: 2 Exercises: 4 Page: 153

SGR2005-1-48-W ACCESSIBLE LAT PULL



Users: 2 Exercises: 4 Page: 152

SGR2005-1-48A-W ACCESSIBLE CHEST **PRESS**



Users: 2 Exercises: 4 Page: 151

SGR2005-1-48C-W ACCESSIBLE LAT PULL & VERTICAL PRESS



Users: 2 Exercises: 4 Page: 154

ACCESSIBLE BUTTERFLY & REVERSE FLY

SGR2005-1-48E-W

Users: 2 Exercises: 2 Page: 156

SGR2005-1-90-W ACCESSIBLE REVERSE



Users: 1 Exercises: 1 Page: 154



Users: 1 Exercises: 1 Call for details

UBX-286 2-PERSON ACCESSIBLE SHOULDER WHEEL



Users: 2 Exercises: 1 Page: 155

UBX-244-W ACCESSIBLE TRICEP PRESS



Exercises: 1 Page: 150

UBX-247-W ACCESSIBLE VERTICAL PRESS



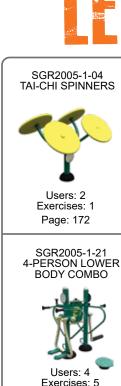
Exercises: 1 Page: 150

UBX-248-W ACCESSIBLE SHOULDER PRESS



Exercises: 1 Page: 149

Call for details





SHP2009-5-05N 2-PERSON LEG **PRESS**



Users: 2 Exercises: 2 Page: 170

SHP2009-5-06 SINGLE AIR WALKER



Users: 1 Exercises: 1 Page: 169



Users: 1 Exercises: 1 Page: 160



Users: 1 Exercises: 1 Page: 169



Exercises: 1



Users: 1 Page: 172





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SGR2005-1-22 4-PERSON PENDULUM. ABS. & DIPS STATION

Users: 4 Exercises: 4

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SGR2005-1-23 2-PERSON AIR WALKER



Users: 2 Exercises: 1 Page: 169



Users: 2 Exercises: 1 Page: 165

SGR2005-1-48





Users: 1 Exercises: 1 Page: 170



Users: 2

Exercises: 3 Page: 158

SGR2005-1-44 ASSISTED **BALANCE WALK**



Users: 1 Exercises: 1 Call for details

SGR2005-1-46 4-PERSON TWISTING STATION



Users: 4 Exercises: 2 Page: 168

SGR2005-1-47 2-PERSON **VERTICAL PRESS**



Users: 2 Exercises: 2 Page: 158

SGR2005-1-89

UPRIGHT BIKE





Users: 2 Exercises: 2

BUTTERFLY



Users: 2 Exercises: 2 Page: 159





Users: 2 Exercises: 2 Page: 161

Page: 189 SGR2005-1-90 SINGLE REVERSE



Users: 1 Exercises: 1 Page: 163



Users: 1

Exercises: 1 Page: 168



Users: 2 Exercises: 2 Page: 161

SGR2005-1-104N

4-PERSON LEG PRESS

Users: 4

Exercises: 2

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SGR2005-1-49

RECUMBENT

BIKE

Users: 1 Exercises: 1



SHP2009-5-03

SINGLE ELLIPTICAL

Users: 1

Exercises: 1

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Exercises: 1 Page: 171



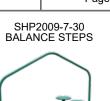
BENCH PRESS

Users: 1

Exercises: 1

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Users: 1 Exercises: 1 Page: 160



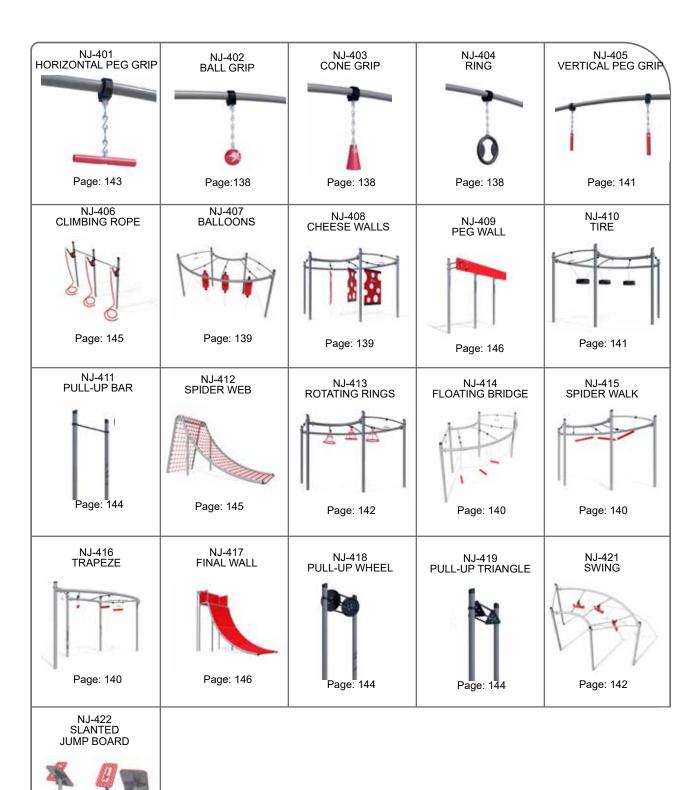
Users: 1 Exercises: 1 Page: 140



Users: 1 Exercises: 1 Call for details

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X-TREME AIMALINE





Promoting Wellness & Fighting Obesity One Community at a Time.

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